





Chilled



CATEGORY

Bakery



OCCASION

Christmas

CHRISTMAS BANANA & SALTED CARAMEL PUDDING

OVERVIEW

(Recipe makes 3 Puddings)

INGREDIENTS

Group I

	Total Weight: 1.989
Ripened Mashed Bananas	0.520
Bakels Ultrafry Sunflower Oil	0.125
Water	0.344
Bakels Banana Bread Full Mix	1.000
Ingredient	KG

Group II

	Total Weight: 4.980
Bakels Banana Paste	0.030
Bakels Salted Caramel	1.200
Condensed Milk	1.500
Bakels Delight Imitation Cream	2.250
Ingredient	KG





Group III

Ingredient

Bananas sliced Whipped Bakels Delight 1.416 0.600

Total Weight: 2.016

METHOD

- 1. Using a flat beater, beat the ripened bananas into a pulp.
- 2. Add the remaining ingredients from Group I and blend together for ±1 minute on slow speed.
- 3. Scrape down and mix again on slow speed until mixture combines.
- 4. Scale 450g into Madeira tins and bake at 160?C 180?C for 40 50 minutes.
- 5. In a separate bowl, mix together all ingredients from Group II until smooth, creating a pudding mix.
- 6. Once the baked banana breads have cooled down, cut them into 1cm thick slices.
- 7. Layer half of the banana bread slices on the bottom of a large foil tray and cover with half of the pudding mixture. Layer with half of the sliced bananas (Group III) and then cover with half of the whipped Bakels Delight imitation cream (Group III).
- 8. Repeat the layers once more, ending with the layer of whipped Bakels Delight Imitation cream (Group III).
- 9. Sprinkle with any topping (Roasted Almonds, Chocolate shavings or Choc Vermicelli) and leave to chill in the fridge for 2 hours.