



DISPLAY CONDITIONS

Ambient



CATEGORY

Bakery

MAGWINYA / VETKOEK MIX

INGREDIENTS

Group 1

Ingredient	KG
<u>Magwinya / Vetkoek Mix</u>	1.000
Wet Yeast	0.035
Water (Luke Warm)	0.550
Total Weight:	1.585

METHOD

Place all ingredients into a mixing bowl. Mix using a spiral mixer, at medium speed for ± 3 minutes and then on fast speed for 5 minutes. Transfer the mixture to an oiled container and proof outside the proofer for ± 1 hour or inside proofer for ± 45 minutes. Scoop into desired size and fry in hot oil until golden brown. Cool down slightly, cut open and add filling. A variety of different sweet or savoury fillings can be used.