



DISPLAY CONDITIONS

Ambient



CATEGORY

Bakery

TWISTED CRUMBLE BREAD

OVERVIEW

(Recipe makes 7 loaves)

INGREDIENTS

Group I

Ingredient	KG
Cake flour	2.000
20% Sweet Premix	0.400
Wet Yeast	0.100
Water	1.120
Total Weight:	3.620

Group II

Ingredient	KG
Cinnamon	0.105
White Sugar	0.105
Total Weight:	0.210

Group III

Ingredient	KG
Crumble Mix	2.000
Margarine	0.506
Total Weight:	2.506

METHOD

1. Place all of the ingredients from Group I into the mixing bowl and mix until fully developed. Mixing time depends on type of mixer used.
2. Dough temperature 28°C - 30°C.
3. Resting time 10 minutes.
4. Scale dough at 700g and mould into round balls.
5. Flatten the dough lengthwise with a rolling pin.
6. Brush the dough with water.
7. Mix ingredients from Group II with a spoon and sprinkle 30g over each dough piece.
8. Roll into a tight sausage shape.
9. Cut the dough down the centre, to leave two pieces.
10. Twist the two pieces together to form a plaited dough piece.
11. Place into a large bread tin.
12. Brush the dough with egg wash.
13. Prove for 20 - 25 minutes.
14. Place all of the ingredients from Group III into the mixing bowl and mix on slow speed for ±5 minutes until the mixture forms a crumble.
15. Brush dough again with egg wash and sprinkle 50g of the crumble mixture on top.
16. Bake at 200°C for 30 - 35 minutes.